

## WOMAN'S SERVICE SLEEVELESS PULL-OVER, "Ruth" design. Illustrated on Cover (right).

MATERIALS:- 6 ozs. WHITE HEATHER, or PATONS ROSE, Fingering, 4 -ply. Two No. 8 and two No. 10 "BEEHIVE" Knitting Needles, measured by the Beehive gauge.
ACTUAL MEASUREMENTS:-Length from top of shoulder, $20 \frac{1}{2}$ ins. Width all round at under-arm, 38 ins. TENSION:- $6 \frac{1}{2}$ stitches to the inch in width (not stretched), measured over the plain, smooth fabric, must be obtained to give a garment of the abovementioned size. If, using the needles recommended, more than $6 \frac{1}{2}$ stitches to the inch are obtained, needles a size coarser should be tried; if less than $6 \frac{1}{2}$ stitches, then a size finer. Whatever the size of needles found suitable by the Knitter, it is absolutely essential that the fabric should measure $6 \frac{1}{2}$ stitches to theinch.


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A piece of fabric knitted to the correct tension. RECIPE: - THE FRONT. - Using the No. 10 Needles, cast on 104 stitches.
1st row.-K. 2, * P. 1, K. 1, repeat from * to the end of the row. Repeat this row twenty-five times. Using the No. 8 Needles, proceed as follows:1st row.-Knit plain. 2nd row.-K. 1, purl to the last stitch, K. 1. Repeat these two rows eight times, 19th row.-K. 1 , increase once in next stitch, knit plain to last 3 stitches, increase once in next stitch, K. 2. Continue in plain, smooth fabric, increasing once at each end of the needle in every following 6th row until there are 118 stitches on the needle.
Work 5 rows without shaping. Proceed as follows:1st row.-K. 1, increase once in the next stitch, K. 50 , (K. 1, P. 1) three times, K. 2 tog., (P. 1, K. 1) three times, K. 49, increase once in the next stitch, K. 2.
2nd row.-K.1, P.52, (K.1, P.1) six times, K.1, P.52, K. 1. 3rd row.-K. 52, (P. 1, K. 1) eight times, K. 51. 4th row.-K. 1, P. 50, (K. 1, P. 1) eight times, K. 1, P.50, K.1. 5th row.-K.50, (P.1, K.1) ten times, K. 49 . 6th row.-K. 1, P. 48, (K. 1, P. 1) ten times, K. 1, P. 48, K. 1. Repeat the 5th and 6th rows once.

9th row.-K. 49, (K. 1, P. 1) three times, K. 1, cast off 7 stitches, K. 1, (P. 1, K. 1) three times, K. 49.
Work on last 56 stitches as follows:-
1st and alternate rows.-K. 1, purl to the last 7 stitches, (K. 1, P. 1) three times, K. 1.
2nd row.-K. 1, (P. 1, K. 1) three times, K. 2 tog., knit plain to the end of the row. 4th row.-K. 1, (P. 1, K. 1) three times, knit plain to the end of the row.

6th row.-K. 1, (P. 1, K. 1) three times, K. 2 tog., knit plain to the last 9 stitches, (K. 1, P. 1) four times, K. 1. 7th row.-K. 1, (P. 1, K. 1) four times, purl to the last 7 stitches, (K. 1, P. 1) three times, K. 1.
8th row.-K. 1, (P. 1, K. 1) three times, knit plain to the last 11 stitches, (K. 1, P. 1) five times, K. 1.
9th row.-K. 1, (P. 1, K. 1) five times, purl to the last 7 stitcbes, (K. 1, P. 1) three times, K. 1.
10th row.-K. 1, (P. 1, K. 1) three times, K. 2 tog., knit plain to the last 13 stitches, (K.1, P.1) six times, K.1. 11th row.-K. 1, (P. 1, K. 1) six times, purl to the last 7 stitches, (K. 1, P. 1) three times, K. 1.
12th row.-K. 1, (P. 1, K. 1) three times, knit plain to the last 13 stitches, (K. 1, P. 1) six times, K, 1.
Repeat the 11 th row once, then the 10 th row once. 15th row.-Cast off 6 stitches, K. 1, (P. 1, K. 1) three times, purl to last 7 stitches, (K. 1, P. 1) three times, K. 1. 16th row.-K. 1, (P. 1, K. 1) three times, knit plain to the last 9 stitches, K. 2 tog., (K.1, P.1) three times, K.1. 17th row.-K. 1, (P. 1, K. 1) three times, purl to the last 7 stitches, (K. 1, P. 1) three times, K. 1.
18th row.-K. 1, (P. 1, K. 1) three times, K. 2 tog., knit plain tolast 9 stitches, K. 2 tog., (K.1, P.1) three times, K. 1. 19th row.-K. 1, (P. 1, K. 1) three times, purl to the last 7 stitches, (K. 1, P. 1) three times, K. 1.
Repeat from the 16 th to the 19 th row three times, then the 16 th and 17 th rows once. 34th row.-K. 1, (P. 1, K. 1) three times, knit plain to the last 7 stitches, (K. 1. P. 1) three times, K. 1. Repeat 17 th row once, the 16 th and 17 th rows once, the 34 th row once, the 17 th row once, then the 16 th row once. Keeping a border of 7 stitchesin Moss pattern at eachend of needle, work 43 rows without shaping. Shape for the shoulder as follows:1st row.-K. 1, (P. 1, K. 1) three times, K. 17, turn. 2nd row.-P. 17, (K. 1, P. 1) three times, K. 1.
3rd row.-K. 1, (P. 1, K. 1) three times, K. 9, turn. 4th row.-P. 9, (K. 1, P. 1) three times, K. 1. 5th row.-K. 1, (P. 1, K. 1) three times, turn. 6th row.-(K. 1, P. 1) three times, K. 1 .
7th row.-K.1, (P.1, K.1) three times, K.17, (K.1, P.1) three times, K. 1. 8th row.-Cast off 7 stitches in Moss pattern, 17 purlways, (K. 1, P. 1) three times, K. 1. Work 2 inches in Moss pattern on the remaining 7 stitches. Cast off. Join in the wool at the neck edge and work on the remaining 56 stitches as follows:1st and alternate rows.- K. 1, (P. 1, K. 1) three times, purl to the last stitch, K. 1.
2nd row.-Knit plain to the last 9 stitches, K. 2 tog., (K. 1, P. 1) three times, K. 1. 4th row.-Knit plain to the last 7 stitches, (K. 1, P. 1) three times, K. 1. 6th row.-K. 1, (P. 1, K. 1) four times, knit plain to the last 9 stitches, K. 2 tog., (K.1, P.1) three times, K.1. 7th row.-K. 1, (P. 1, K. 1) three times, purl to the last 9 stitches, (K. 1, P. 1) four times, K. 1.
8th row.-K. 1, (P. 1, K. 1) five times, knit plain to the last 7 stitches, (K. 1, P. 1) three times, K. 1.
9th row.-K. 1, (P. 1, K. 1) three times, purl to the last 11 stitches, (K. 1, P. 1) five times, K. 1. 10th row.-K. 1, (P. 1, K. 1) six times, knit plain to the last 9 stitches, K. 2 tog., (K. 1, P.1) three times, K.1. 11th row.-K. 1, (P. 1, K. 1) three times, purl to the last 13 stitches, (K. 1, P. 1) six times, K. 1.
12th row.-K. 1, (P. 1, K. 1) six times, knit plain to
the last 7 stitches, (K. 1, P. 1) three times, K. 1. 13th row.-Like the 11th row. 14th row.-Cast off 6 stitches, K. 1, (P. 1, K. 1) three times, knit plain to last 9 stitches, K. 2 tog., (K. 1, P. 1) three times, K. 1. 15th row.-K. 1, (P. 1, K. 1) three times, purl to the last 7 stitches, (K. 1, P. 1) three times, K. 1.
16th row.-K. 1, (P. 1, K. 1) three times, K. 2 tog., knit plain to the last 7stitches, (K.1, P.1) three times, K.1. 17th row.-Like the 15 th row. 18th row.-K. 1, (P. 1, K. 1) three times, K. 2 tog., knit plain to the last 9 stitches, K. 2 tog., (K. 1, P. 1) three times, K. 1. Repeat from the 15 th to the 18 th row three times, the 15 th and 16 th rows once, then the 15 th row once.
34th row.-K. 1, (P. 1, K. 1) three times, knit plain to the last 7 stitches, (K. 1, P. 1) three times, K. 1.
Repeat the 15 th and 16 th rows once, the 15 th row once, the 34 th row once, then the 15 th and 16 th rows once. Keeping a border of 7 stitches in Moss pattern at each end of the needle, work 44 rows without shaping. Shape for the shoulder as follows:-
1st row.-K. 1, (P. 1, K. 1) three times, P. 17, turn. 2nd row.-K. 17, (K. 1, P. 1) three times, K. 1.
3rd row.-K. 1, (P. 1, K. 1) three times, P. 9, turn. 4th row.-K. 9, (K. 1, P. 1) three times, K. 1 .
5th row.-K. 1, (P. 1, K. 1) three times, turn.
6th row.-(K.1, P.1) three times, K.1. 7th row.-K.1, (P.1, K.1) three times, P.17, (K.1, P.1) three times, K.1. 8 th row.-Cast off 7 stitches in Moss pattern, 17 stitches knitways, (K. 1, P. 1) three times, K. 1. Work 2 inches in Moss pattern on the remaining 7 stitches. Cast off. THE BACK.-Using the No. 10 Needles, cast on 104 stitches. Work exactly as given for the Front until there are 118 stitches on the needle. Increase once at each end of the needle in the following 6th row. Work 13 rows without shaping. Proceed as follows:-
1st row.-K. 1, (P. 1, K. 1) four times, knit plain to the last 9 stitches, (K. 1, P. 1) four times, K. 1. 2nd row.-K. 1, (P. 1, K. 1) four times, purl to the last 9 stitches, (K. 1, P. 1) four times, K. 1.
3rd row.-K. 1, (P. 1, K. 1) five times, knit plain to the last 11 stitches, (K. 1, P. 1) five times, K. 1.
4th row.-K. 1, (P. 1, K. 1) five times, purl to the last 11 stitches, (K. 1, P. 1) five times, K. 1.
5th row.-K. 1, (P. 1, K. 1) six times, knit plain to the last 13 stitches, (K. 1, P. 1) six times, K. 1.
6th row.-K. 1, (P. 1, K. 1) six times, purl to the last 13 stitches, (K. 1, P. 1) six times, K. 1.
Repeat the 5th and 6th rows once.
9th row.-Cast off 6 stitches, K.1, (P.1, K.1) three times, knit plain to last 13 stitches, (K. 1, P. 1) six times, K. 1. 10th row.-Cast off 6 stitches, K. 1, (P. 1, K. 1) three times, purl to last 7 stitches, (K.1, P. 1) three times, K.1. 11th row.-K. 1, (P. 1, K. 1) three times, K. 2 tog., knit plain tolast 9 stitches, K. 2 tog., (K.1, P.1) three times; K.1. 12th row.-K. 1, (P. 1, K. 1) three times, purl to the last 7 stitches, (K. 1, P. 1) three times, K. 1.
Repeat the 11 th aird 12 th rows eight times.
29th row.-K. 1, (P. 1, K. 1) three times, knit plain to the last 7 stitches, (K. 1, P. 1) three times, K. 1.
Repeat the 12 th row once, the 11 th and 12 th roys once, the 29 th row once, the 12 th row once, then the Ilth row once. Keeping a border of 7 stitches in Moss pattern at each end of, the needle, work 39 rows in plain, smooth fabric, without shaping. Shape for shoulders as follows:1st row.-K.1, (P.1, K.1) three times, knit plain to last 7 stitches, turn. 2nd row.-Purl to last 7 stitches, turn.

3rd row.-Knit plain to the last 15 stitches, turn. 4th row.-Purl to the last 15 stitches, turn.
5th row.-Knit plain to the last 24 stitches, turn.
6th row.-Purl to the last 24 stitches, turn.
7th row.-Knit plain to the last 7 stitches, (K. 1, P. 1) three times, K. 1. Cast off 7 stitches in Moss pattern, 72 purlways and 7 in Moss pattern.
TO MAKE UP THE PULL-OVER.-With a damp cloth and hot iron press carefully. Sew up the side, shoulder and sleeve seams, joining the seams of each piece by sewing together the corresponding ridges (formed by the stitch knitted at each end of every row). Join together bands from fronts and sew to back of neck. II It is well worth while to devote special attention to this matter of "finish." It can make all the difference to the final result!

## WOMAN'S SERVICE SLEEVELESS CARDIGAN, "Rose" design. Illustrated on Cover (left).

MATERIALS:- 6 ozs. WHITE HEATHER, or PATONS ROSE, Fingering, 4 -ply. Two No. 8 "BEEHIVE" Knitting Needles, measured by the Beehive gauge. A Beehive Stitch-holder. Six Buttons. ACTUAL MEASUREMENTS:-Length from top of shoulder, $20 \frac{1}{2}$ ins. Width all round at under-arm, 36 ins. TENSION:-6 $\frac{1}{2}$ stitches to the inch in width (not stretched) must be obtained to give a garment of the above-mentioned size. If, using the needles recommended, more than $6 \frac{1}{2}$ stitches to the inch are obtained, needles a size coarser should be tried; if less than $6 \frac{1}{2}$ stitches, then a size finer. Whatever the size of needles found suitable by the Knitter, it is absolutely essential that the fabricshould measure $6 \frac{1}{2}$ stitches to the inch. For illustration of fabric knitted to the correct tension, see page 2.
REGIPE:-RIGHT FRONT.-Cast on 47 stitches. Work 4 rows in plain knitting.
5th row.-K. 2, cast off 2 stitches, knit plain to the end of the row. 6th row.-Knit plain to the last 4 stitches, K. 2, cast on 2 stitches (thus forming a button-hole), K. 2. Work 4 rows in plain knitting.
11th row.-K. 4, * K. 6, increase once in the next stitch, K. 7, repeat from * to the last stitch, K. 1 (there should now be 50 stitches on the needle).
12th row.-K. 1, purl to the last 6 stitches, K. 6.
13th row.-Knit plain. Repeat the 12th and 13th rows four times, then the 12th row once.
23rd row.-K.2, cast off 2 stitches, knit plain to end of row. 24th row.-K.1, purl to last 4 stitches, K.2, cast on 2 stitches, K.2. Repeat 13th row once, then 12th and 13th rows sêven times. 40th row.-K. 1, P97, K. 20, P.16, K.6. 41st row.-K. 2, cast off 2 stitches, knit plain to the end of the row. 42 nd row.-K. 1, P. 7, K. 20, P. 16, K. 2, cast on 2 stitches, . K. 2. . 43rd row.-Knit plain. 44th row.-Like the 40th row. 45th row.-Knit plain. 46th row.-K. 1, P. 7, cast off 20 stitches, P. 16, K. 6. Leave theşe stitches on a stitch-holder until the Pocket has beefi worked. THE POGKET.-Cast on 20 stitches. 1strow.-Knit plain. 2ndrow.-K. 1, purl tolaststitch, K.1. Repeat these two rows seventeen times. Commencing again on the stitches of the Front, work across the row, working across the pocket stitches in place of the cast off stitches. Continue in plain, smooth fabric (keeping a

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border of 6 stitches in plain knitting at the front edge) increasing once at the end of the needle in every following 4th row, whilst at the same time making a button-hole, as before, in the 12 th and 13 th rows, then in every following 17 th and 18 th rows until 6 button-holes have been worked from the commencement and there are 62 stitches on the needle. Proceed as follows:-
1st row.-K. 6, K. 2 tog., knit plain to the end of row. 2nd row.-K. 1, purl to the last 6 stitches, K. 6. 3rd row.-Knit plain. Repeat 2nd and 3rd rows once. 6th row.-K. 11, purl to the last 6 stitches, K. 6.
7 th row.-K. $6, \mathrm{~K} .2$ tog., knit plain to the end of the row. 8 th row.-K. 13 , purl to the last 6 stitches, K. 6. 9 th and 11 th rows.-Knit plain.
10th row.-K. 15, purl to the last 6 stitches, K. 6. 12 th row.-K. 16 , purl to the last 6 stitches, K. 6. 13th row.-K. 6, K. 2 tog., knit plain to end of row. 14th row.-Cast off 10 stitches, K. 6, purl to the last 6 stitches, K. 6. Continue in plain, smooth fabric (keeping a border of 6 stitches in plain knitting at each end of the needle), decreasing once at the arm-hole edge (inside the border) in the next and every alternate row, whilst at the same time decreasing once at the front edge (inside the border) in the 5th and every following 6 th row until 36 stitches remain. Continue decreasing at the front edge (inside the border) in the 4th and every following 6 th row until 28 stitches remain. Work 5 rows without shaping. Shape for the shoulder as follows:1st row.-Knit plain to the last 7 stitches, turn.
2nd and 4th rows.-Purl to the last 6 stitches, K. 6. 3rd row.-Knit plain to the last 14 stitches, turn. 5 th row.-K. 6, turn. 6th row.-K. 6.
7 th row:-Knit plain to the end of the row. 8 th row.-Cast off 22 stitches, K. 6 . Work $1 \frac{1}{2}$ inches in plain knitting on the remaining 6 stitches. Cast off. THE LEFT FRON'T.-Cast on 47 stitches. Work 10 rows in plain knitting. 11 th row.- K. 7 , increase once in the next stitch, K.6, repeat from * to the last 5 stitches, K. 5 (there should now be 50 stitches on the needle) - 12 th row.-K. 6 , purl to the last stitch, K. 1. 13th row.-Knit plain. Repeat the 12 th and 13 th rows thirteen times. 40th row.-K. 6, P. 16, K. 20, P. 7, K. 1.
41st row.-Knitplain. Repeat 40th and 41strows twice. 46th row.-K.6, P.16, cast off 20 stitches knitways, P.7, K.1. Leave these stitches until Pocket has been worked. Work a Pocket as given for the Right Front. Commeucing again on the stitches of the Front, work across the row, working across the pocket stitches in place of the cast-off stitches. Continue in plain, smooth fabric (keeping a border of 6 stitches in plain knitting at the front edge), increasing once at the beginning of the needle in every following 4th row until there are 62 stitches on the needle, ending with a purl row. Proceed as follows:1st row.-Knit plain to last 8 stitches, K. 2 tog., K. 6. 2nd row.-K. 6 , purl to the last stitch, K. 1.
3rd row.-Knit plain. Repeat 2nd and 3rd rows once. 6th row.-K. 6, purl to the last 11 stitches, K. 11. 7th row.-Knit plain to last 8 stitches, K. 2 tog., K. 6. 8th row, K. 6 - purl to the last 13 stitches, K, 13 . 9 th and 11 th rows.-Knit plain.
10th row.-K. 6, purl to the last 15 stitches, K. 15.

12th row.-K. 6, purl to the last 16 stitches, K. 16. 13th row.-Cast off 10 stitches, knit plain to the last 8 stitches, K. 2 tog., K. 6.
14th row.-K.6, purl to last 6 stitches, K.6. Continue in plain, smooth fabric (keeping a border of 6 stitches in plain knitting at each end of the needle), decreasing once at the arm-hole edge (inside the border) in the next and every alternate row, whilst at the same time decreasing once at the front edge (inside the l5order) in the 5 th and every following 6 th row, until 36 stitches remain. Continue decreasing once at front edge (inside border) in 4th and every following 6th row until 28 stitches remain. Work 4 rows without shaping.
Shape for the shoulder as follows:-
1st row.-K. 6, purl to the last 7 stitches, turn. 2nd and 4 th rows. -Knit plain.
3rd row. -K. 6, purl to the last 14 stitches, turn. 5th row.-K. 6, turn. 6th row.-K. 6.
7th row.-K. 6, purl to the last 6 stitches, K. 6.
8 th row.-Cast off 22 stitches, K.6. Work $1 \frac{1}{2}$ inches in plain knitting on the remaining 6 stitches. Cast off. THE BACK.-Cast on 84 stitches.
Work 10 rows in plain knitting.
11th row.-* K. 6 , increase once in next stitch, K. 7 , repeat from * toend of row (there should now be 90 stitches on needle). 12th row.-K. 1, purl to last stitch, K. 1. 13th row.-Knit plain. Repeat the 12th and 13 th rows eighteen times, then the 12 th row once. Continue in plain, smooth fabric, increasing once at each end of the needle in the next and every following 4th row until there are 114 stitches on the needle. Work 6 rows without shaping. Proceed as follows:-
1st row.-K. 9, purl to the last 9 stitches, K. 9.
2nd and alternate rows.-Knit plain.
3rd row.-K. 11, purl to the last 11 stitches, K. 11. 5th row.-K. 13, purl to the last 13 stitches, K. 13 . 7th row. -K. 14, purl to the last 14 stitches, K. 14. 8 th row.-Cast off 8 stitches, knit plain to end of row. 9 th row.-Cast off 8 stitches, K. 6, purl to the last 6 stitches, K. 6. Still keeping a border of 6 stitches in plain knitting at each end of needle, decrease once at each end of needle (inside border) in next and every alternate row until 78 stitches remain. Work 45 rows without shaping. Shape for the shoulders as follows:-
1st row.-Knit plain to the last 7 stitches, turn. 2nd row.-Purl to the last 7 stitches, turn. 3rd row.-Knit plain to the last 14 stitches, turn. 4th row.-Purl to the last 14 stitches, turn.
5th row.-Knit plain to the last 22 stitches, turn. 6th row.-Purl to the last 22 stitches, turn.
7th row.-Knit plain-to the end of the row. Cast off. TO MAKE UP THE CARDIGAN.-With a damp cloth and hot iron press carefully. Sew up the side and shoufler seams, joining the seams of each piece by sewing together the corresponding ridges (formed by the stitch knitted at each end of every row). Join together the bandis from the fronts and seiw to the back of the neck. Sew the pocket linings in position on the wrong side. Sew on buttons to correspond with button-holes.
GI It is well worth while to devote special attention to this matter of "finish." It can make all the difference to the final result!

The above price only applies in Great Britain and Northern Ireland.

